Dear Parents/Carers,

**Junior Johnnies Term Two**
Do you know anyone interested in St John’s for Kinder 2014?

Our Junior Johnnies program for children starting Kindergarten in 2014 will commence Thursday, 2nd of May. Junior Johnnies continues every Thursday from 9.00am to 12.00pm in term 2, 3 & 4.

Come and give it a try - No charge, no obligation to enrol for 2014.

Please contact the office for an information and registration pack.

**Drum Lessons**
We have piano, singing and guitar lessons, and now St John’s Primary is pleased to offer drum lessons with Stu Eadie. There are limited places available. More info to come next week.

Regards,

Tim Bleakley
*Principal*

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**Important Dates**

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<tr>
<th>April</th>
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<tr>
<td>Fri 5</td>
<td>School Assembly hosted by Year1/2</td>
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<tr>
<td>Sun 7</td>
<td>Youth Mass 8am</td>
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<tr>
<td>Mon 8</td>
<td>No sports uniform today</td>
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<tr>
<td>Tue 9</td>
<td>Wear sports uniform for <strong>Cross Country at Pine Ave Fields</strong></td>
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<tr>
<td>Wed 10</td>
<td>Whole School Mass 9:30am</td>
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<tr>
<td>Fri 12</td>
<td>Last Day of Term 1</td>
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<tr>
<td>Thu 25</td>
<td>Anzac Day March</td>
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<table>
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<tr>
<th>May</th>
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<tbody>
<tr>
<td>Wed 1</td>
<td>Term 2 commences</td>
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<tr>
<td>Wed 1</td>
<td>Parent information and Enrolment Meeting for Sacrament of Confirmation 5:30pm</td>
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<tr>
<td>Mon 27</td>
<td>School Photos</td>
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<tr>
<td>Fri 31</td>
<td>Pupil-free day</td>
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Photo: Isabelle and Morgan at the 2010 Anzac Day March.

Come and represent the school this year on **Anzac Day, Thurs 25th April**. We are gathering at the Apex Park at 10.30 for a 10.45 am start. Students wear full school uniform.
Technology Talk

Thank you to those people who have shared their comments about our Technology News section.

Some parents have been wondering how they can access Moodle. Parents do not have direct access to Moodle. Their students have a username and password that can be used to access Moodle.

If you are looking to access the Tech Tools page mentioned in our previous newsletter you do not require Moodle access for this. It is located on the right hand side of the homepage at:

http://moodle.mbyplism.catholic.edu.au/

If you have any suggestions of websites that you think might be useful for our Tech Tools page please email:
vcrouch@lism.catholic.edu.au

Canteen News

Robyn is now in the process of organising the roster for term 2.

Please contact Robyn on 0402 758 971 if you can volunteer.

There was a lot of frozen fruit left over from the fete so this week the canteen will specialise in banana or mango smoothies for 50 cents each.

SAINT ANTHONY, CATHOLIC PATRON SAINT OF LOST THINGS

Saint Anthony of Padua (Italy), lived from 1195-1231. Born in Portugal, he was a Franciscan monk and lived in Morocco before settling in Padua. He was known as an eloquent speaker.

Saint Anthony of Padua is the Patron Saint of Padua, of Portugal, and of San Antonio, Texas. Prayer cards manufactured in Italy identify him as the saint of "miracles," but to most Catholics, he is the Patron Saint associated with the return of lost articles and missing persons. He is petitioned for help in finding almost everything that is lost, from car keys and misplaced papers to a lost job, a lost lover, or a straying partner. People who are regarded as "lost souls" may also be placed in his care. These widespread invocations to Saint Anthony for finding lost things and restoring missing people relate to an incident in which the saint was invoked to find a missing book and the prayer was efficacious; ever since then Saint Anthony has been the Patron of Lost Things.

Because he traveled widely, Saint Anthony is also appealed to for safe travel, especially when ocean voyages are involved. In Portugal, France, Italy, and Spain, he is much beloved by those who work on the sea, and sailors may keep a statue of him on the mast of their ships. His feast day is June 13th.

NOW is a very good time to take a look through lost property for uniform items that might have gone astray.

Please make sure your child's name is labelled on everything.

Lali is missing a hat that had her name in it. Do you have someone else’s uniform item by accident?

STOLEN BICYCLE

Lime green, old fashioned, small push bike taken from near Woolies around 7pm Easter Saturday Night.

If you see it please phone Judy 0401 629 748 -Thankyou

Vacation Care — Byron Shire

Operates 8am to 6pm during holidays to provide fun and care for primary school children aged 5-12 years.

3 Services:

Bruns. Heads Public School ph: 0419 234 776
Byron Bay Public School ph: 0408 481 628
Mullumbimby Public School ph: 0437 860 614

Bookings limited.
John’s Cross Country
We are looking forward to the School Cross Country next **TUESDAY 9th of April** at the Pine Ave Fields. The fun will start with a warm-up walk to the park at 8.50am. The first event will begin at approx. 9.30am and we should be on our way back to school by 11.00am. The emphasis is on fun, participation and everyone enjoying physical activity!!!

Children will need:
- Sports uniform
- School hat- (children can take hats off for the race if they want to)
- Sunscreen (applied in the morning before school)
- Drink bottle
- Willingness to have a go!

Any parents who are able to help on the day- your support would be much appreciated. Please contact gflint@lism.catholic.edu.au or leave a message at the office.

-Greg Flint, Sports Coordinator
Tips for making FIFO work with kids:

1. **Set shared goals.** “First and foremost, it’s really important to be clear why you are going to work FIFO and setting clear goals around this. It’s not enough to say ‘to get ahead financially’ — they need to make specific goals and stick to these. Individuals and couples who really struggle are those who have no idea why they’re working away and who feel stuck in the working-away lifestyle. Those who do well know why they’re doing it and work together for shared goals. This helps work together when things are tough such as when you’re both tired.”

2. **Be positive and proactive.** “Recognise your strengths and weaknesses and work on what you can. Work on problems together as a couple by identifying problems as being about working away rather than blaming each other — for example, say to each other ‘we haven’t been spending enough time together as a family because of FIFO — so how can we work on this?’”

3. **Don’t dwell on the negatives.** “Face the problems head on and don’t dwell on the downsides.”

4. **Be interested in your partner’s life.** “Whether or not you’re the at-home or away partner, make sure you’re keen to know what goes on. Organise a site visit if possible, or get pictures of what the donga is like. Also, create shared interests so you have something other than the ‘groundhog day’ to talk about. For example, read the same books or watch the same movies or work on a project you can discuss while apart.”

5. **Stay united when it comes to issues about the kids.** “Be clear about rules and expectations and discipline styles for the kids. Lots of parents have differing expectations for their kids but this can become a really major problem when one person works away — this has to be worked on for the sake of the kids.”

Results of Jacinth’s study have found: 73.5 per cent of adolescents are sad when the FIFO parent returns to work; 43.1 per cent felt nervous or anxious when the FIFO parent returns to work; 45.6 per cent worry about the FIFO parent’s safety at work; 86.8 per cent communicate with their FIFO parent (when the parent is at work). The telephone is the most frequent means of communication for the FIFO parent and adolescent, with email (84.3 per cent) SMS (34.5 per cent) and Facebook (25.8 per cent) also used.

For Perth-based Nicole Ashby, whose husband Joe works four weeks on an offshore oil rig followed by four weeks “being a happy house-husband”, FIFO life is hard but manageable for their children Tana, seven, Chase, five, and Angelina, three. “Kids find it easier to adapt to the situation when things such as their routine don’t change too much when the FIFO parent comes home,” says Nicolette, who set up www.fifofamilies.com.au because of what she identified as a need in the community. As Nicole points out, “there is an opportunity cost for everything and for every family” — even for those where one or both parents works long hours in the city. And although Jacinth notes that companies are providing increased support to families — including counselling, social support and ‘health days’ — she hopes her study and similar works will spawn more family friendly rosters. “More equal time rosters are best,” she says. “Four weeks on, one off rosters and three weeks on, one off are not particularly good.”

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