



CANTEEN MENU 2020

Open Mondays and Fridays

Lunch 10:50am-11:20am

Afternoon Tea 1:20pm-1:50pm



Hot Food

	\$
Pesto Pasta	3.00
Pasta & Beef Bolognese	4.50
Sausage Roll	4.00
Chunky Meat Pie	4.00
Butter Chicken Pie	5.00
Cheese and Spinach Roll	4.50
Steak, Bacon and cheese	5.00

Pizza

Margarita	4.00
Ham & Pineapple	5.00
Spinach & Pesto	5.00
Vegetarian	5.00

Toasties

choose from:

Cheese	3.00
Ham	add 50c
Tomato	add 50c
Baby Spinach	add 50c
Basil Pesto	add 50c

Sushi

Friday Only

Avocado	3.00
Tuna	3.00
Avocado & Tuna	3.00
Chicken Teriyaki	3.00
Vegetable Tempura	3.00

Fresh Garden Salad

5.00

prices effective 31.01.2020

Sandwiches & Wraps*

	\$
Cheese	3.00
Vegemite	2.00
Honey	2.00
Ham & Cheese	4.00
Chicken	4.00
Salad (lettuce, mayo, carrot, cucumber, tomato and beetroot)	5.00
Ham and Salad	5.50
Chicken and Salad	5.50

Snacks

Red Rock Deli Chips	1.50
(Sea Salt or Honey Soy Chicken)	
Popcorn	50c
Various baked goodies	50c
Vege sticks and hommus	1.50

Drinks

juice Boxes	1.50
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(Apple, Apple/Blackcurrant, Orange)

Chocolate Milk	2.00
Strawberry Milk	2.00

Frozen Treats

Frozen Yogurt Twisters	2.00
Frozen smoothies (homemade)	50c
Chocolate Ice Mony	70c
Quelch Tubes	50c



Gluten Free options available